|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | | |  |
| This form is designed to be used in conjunction with a Continence Care Plan to document an agreed approach to learning and care, however can be used as a standalone for to support children and young people with toileting needs. This form must be developed in consultation with parent/guardians, and where possible the child or young person.  This information is confidential and will be available only to relevant staff and emergency medical personnel. | | | |
| Name of child/young person: |  | DOB: |  |
| Allergies: |  | Review date: |  |
| Education or care service: |  | | |
| Contact staff member: |  | | |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Awareness** | | | | | |
| Knows when toilet is needed |  |  |  |  |  |
| Indicates when toilet is needed |  |  |  |  |  |
| Needs to be asked or reminded |  |  |  |  |  |
| Needs timing |  |  |  |  |  |
| Needs to be reminded to go to the toilet at set times |  |  |  |  |  |
| Needs to be taken to the toilet at set times |  |  |  |  |  |
| Clothing needs to be changed |  |  |  |  |  |
| **Accessing toilet** | | | | | |
| Indicate which toilet(s) will be used: | | | | | |
| Goes unaccompanied |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Toileting** | | | | | |
| Locks / shuts cubicle door |  |  |  |  |  |
| Pulls down pants |  |  |  |  |  |
| Gets on toilet |  |  |  |  |  |
| Urinates |  |  |  |  |  |
| Empties bowl |  |  |  |  |  |
| Sits for nominated time |  |  |  |  |  |
| Wipes using paper |  |  |  |  |  |
| Gets off toilet |  |  |  |  |  |
| Knows when wet / soiled |  |  |  |  |  |
| Knows that pad needs to be changed |  |  |  |  |  |
| Removes set or soiled clothing |  |  |  |  |  |
| Cleans skin |  |  |  |  |  |
| Puts on clean clothing (if required) |  |  |  |  |  |
| Finishes getting dresses |  |  |  |  |  |
| **Handwashing** | | | | | |
| Remembers |  |  |  |  |  |
| Uses soap |  |  |  |  |  |
| Uses taps |  |  |  |  |  |
| Washes hands adequately |  |  |  |  |  |
| Dries hands on towel or hand drier |  |  |  |  |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** | |
| **Other tasks** | | | | | | | |
|  | |  |  |  |  |  | |
|  | |  |  |  |  |  | |
|  | |  |  |  |  |  | |
|  | |  |  |  |  |  | |
| **Terminology preference** | | **Personal kit contents** *(if required)* details/further information | | | | | |
| Urine |  |  | Flannels / wipes | | | |  |
| Faeces |  |  | Disposable cloths | | | |  |
| Urethra |  |  | Soap (optional) | | | |  |
| Bladder |  |  | Towel (optional) | | | |  |
| Vagina |  |  | Continence pad | | | |  |
| Penis |  |  | Spare underwear | | | |  |
| Anus |  |  | Spare clothing | | | |  |
| Bowel |  |  | Plastic bag (for soiled clothing) | | | |  |
| Pad |  |  |  | | | |  |
| **Other issues** | | **Action required** | | | | | |
|  | |  | | | | | |
|  | |  | | | | | |
|  | |  | | | | | |
|  | |  | | | | | |